

# Worcester Full & Half Marathon 2018

## Event Information

Worcester Full and Half Marathon is now in its seventh year and has grown consistently in that time. The race is based at Six Ways Rugby Stadium home of Worcester Warriors.

Both distances start at 9:30am in Offerton Lane, a five-minute walk from the Rugby Club where runners will park. The Full Marathon takes in two laps of the loop around beautiful rural lanes with a small addition to make up the distance. The Half accompanies the Full for the first lap before splitting away at 11 miles and heading back where both races finish in front of the Worcester Warriors Stadium.

All finishers receive a quality bespoke medal and technical T-shirt.

Again, this year we're proud to be supporting St Richard's Hospice. Some of the entry fee goes towards this fantastic Worcester Charity but many of you go the extra mile and help raise sponsorship money for this great cause.

## Registration

### Pre-Enter

Click on the red button to on the Worcester Marathon and Half Marathon page on our website and follow the instructions to enter online. If you would like to enter by post, please contact us and we'll send you a postal entry. A race pack containing your race number and timing chip will be sent out prior to the race. If you enter within a week of the race we will keep hold of your race pack rather than sending it in the post and will make it available for collection on the day of the race.

### Registration on Race Day

If the race limit hasn't been reached, then there will be entries available on race day. Registration will be open from 7:30am.

### Lost Numbers or Timing Chips

If you have mislaid your race pack or it hasn't arrived in the post contact us and we will send a replacement. If you cannot find it on race day please come to registration and we will issue you with a new pack. Please give yourself enough time to do this before the start of the race.

## Full and Half Marathon Course Detailed Route Description

### Half Marathon

The race route follows Offerton Lane up to Smite by the Pear Tree Hotel. Turning right to head to the village of Oddingley you will take another right turn and head for

another lovely village, Tibberton. Once Through Tibberton you'll take your first left turn of the race and head through the village of Crowle and then Himbleton. Once past Himbleton the route turns left onto Hay Lane and heads for Sernal Green. Aiming then for Dunhamstead you return to Oddingley where Half Marathon Runners make the return journey back up to the Pear Tree Hotel and then downhill along Offerton Lane. After crossing the canal bridge and turning right you take another right to go onto the canal towpath. Following the canal for 400 meters you will then be directed left and onto the Worcester Warriors Rugby Club Site. The finish is then another 200 meters right by the main pitch Rugby Stands.

### **Full Marathon**

The Full Marathon runners follow the same course as the Half Marathon until they enter the village of Oddingley for the second time; they then carry on straight through the village and start the second lap. They then follow the same course again except just before they get to the village of Himbleton there is a right turn past Huddington entering a loop that brings them back to the far side of Himbleton rejoining the original Half Marathon Course. They then repeat the route along Hay Lane, through Sernal Green and back to Oddingley before retracing their original steps past the Pear Tree Hotel and following the Half Marathoners along the canal towpath to your finish on the Worcester Warriors Site.

### **Directions and Parking**

Sixways Stadium, Warriors Way, Worcester WR3 8ZE

FREE parking is provided at Sixways Stadium.

### **By Road**

Take Junction 6 off the M5 motorway. Take the A4538 to Droitwich. Sixways stadium is signed from the motorway junction.

### **By Rail**

#### *Worcester Shrub Hill Station*

From here make your way to Worcester Bus Station which is approximately a 15-minute walk into the city centre or take a short taxi ride (there is a taxi rank right outside the station). A taxi to Sixways Stadium will cost approximately £8-£10.

#### *Worcester Foregate Street Station*

Worcester Bus Station is a short walk into the city centre and signposted.

## **The Start**

The race start is across the road from the Warriors Ground and we encourage you to walk across early before the race start time at 9:30. You'll arrive at the amateur car park where there are allocated pens dependent on your estimated finishing time. We'll do a short briefing before walking you out to the start on Offerton Lane.

## **Drink Stations**

There will be three drink stations on the half marathon course, and seven on the full course. (Mile 4, 7, 11, 14, 17, 21 & 24) They will all have plain water handed to you in small bottles, and SIS GO sports drink handed to you in cups. There is an additional station on the marathon loop which will just supply water and jelly babies at mile 19.

Water and bananas will be handed to you at the finish and food will be available for you to purchase.

## **Cut Off Times**

Much as we hate the idea of cut off times we cannot ask our volunteers to be out all day. There are no cut off times for the half marathon, but in the full marathon if you do not reach the 11 mile point (where the half turns for home) by 2 hrs and 15 minutes you will be directed to complete just the half marathon, for which you will still get a finish time, medal and tee shirt.

If it looks like you are going to take 6 hours or more we may support you with a following car, but we will always communicate with you before that happens.

## **Prizes**

Prizes will be handed out on the day in the finish area. Please come and speak to the organisers if you think you're in line to win a prize so we can confirm the timings of the prize giving. There are prizes for the first 3 runners males and female and age group prizes with the first finisher to count. If an age group winner also finishes in the top 3 then the age group prize rolls down to the next finisher.

## **Baggage & Toilets**

A baggage drop off area will be provided at Worcester Warriors near the finish area and your bags will be available for collection after the race.

There are plenty of toilets available for you to use on the Worcester Warriors Ground by the finishing area. Please make use of these before you head across to the briefing/start area as there are no toilets once you leave the Warriors ground side. On the course, there is one portaloos for use at 6 / 13 miles.

## **Withdrawal Policy**

Up to six weeks prior to the race entrants will receive a full refund less a £2.00 admin fee. After this deadline, no refunds are offered unless the runner comes to marshal or provides a marshal in which case it's a full refund. However an entry may be transferred to another runner on provision of full details prior to the race.

All contact should be made by email

## **Music Whilst Running**

No earphones please! From 1 April 2016, a new rule regarding the wearing of head phones in road races was introduced into the 2016-2018 edition of the UKA Rules of Competition: -

“The wearing of headphones, or similar devices, (other than those medically prescribed), is not permitted in races on any single carriageway road that is not wholly closed to traffic.”

We will to enforce this rule - the roads are NOT closed and it is vital that every runner can hear what is being said to them.

## **Event Charity**

### **St. Richard's Hospice**

2018 will see the continuation of our successful partnership with St Richards Hospice. Providing care for patients and families in Worcestershire who are living with cancer and other life-threatening illnesses. Each year they give free care and support to around 2,300 patients and their families. They are also fantastic supporters of Worcester Full & Half Marathon helping to provide lots of marshals who will be cheering you on during your race. We strongly encourage you to do your bit and help raise money for this inspirational charity. To do so, when you enter the race please tick YES when asked if you wish to run for St Richards. You will then be sent your sponsorship forms and information pack about the Hospice. Or you can donate some money at the same time as you enter.

## **Event Sponsors**

### **Hewett Recruitment**

Hewett Recruitment have been big supporters of the Worcester Full & Half Marathon since the beginning. They offer temporary and permanent recruitment solutions from the shop floor to the boardroom. Their team of professional consultants have an outstanding reputation delivering “Recognisably Better Service”. They believe in coaching and developing their own people through the “Hewett Academy” and external providers to enable them to reach their full potential - ensuring they deliver a truly unique recruitment experience to both clients and candidates. For general enquiries please email [louise@hewett-recruitment.co.uk](mailto:louise@hewett-recruitment.co.uk)